Swim Team of Placentia	AUGUST 2015
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Mon	Tue	Wed	Thu	Fri	Sat	Sun	Senior
3 Practice	4 Practice	5 Practice	6 Practice	7 Practice	8 OCSC Regional Finals	9	Normal 4 Weekend 7 Pre-Senior 2 Normal 4 Weekend 7 Pre-Senior 1 Normal 4 Weekend 7 Age Group 3
10 Practice	11 NO PRACTICE OCSC CHAMPIONSHIPS	12 OCSC Pool Party 4:00 – 6:00	13 Practice	14 Practice	15	16	Normal 5 Age Group 2 Normal 6 Age Group 1-B Normal 6 Age Group 1-A Normal 5 Junior 3 Normal 5
Fall Practice Group Times Start	18 Practice	Practice	20 Practice	21 Practice	22	23	Junior 2 Normal 4 Junior 1 Normal 4 Developmental Normal 5 Developmental Normal 4
Practice	25 Practice	Practice	NO PRACTICE	28 NO PRACTICE	29	30	Developmental Normal 5 Developmental Normal 4 Age Group Polo Tues & Thurs 6 Saturdays 9 Coach Devon
31 NO PRACTICE	Sept 1 NO PRACTICE	Sept 2 Practice	Sept 3 Practice	Sept 4 Practice	Sept 5	Sept 6	STOP Website swimplacentia.c

Senior Normal	SR 4:10 – 6:40 7:00 – 9:20			
Weekend				
Pre-Senior 2 Normal Weekend	P2 4:40 – 6:40 7:00 – 9:20			
Pre-Senior 1 Normal Weekend	P1 4:40 – 6:20 7:20 – 9:20			
Age Group 3 Normal	A3 56:00 – 7:40			
Age Group 2 Normal	A2 6:20 – 7:40			
Age Group 1-B Normal	A1-B 6:40 – 7:40			
Age Group 1-A Normal	A1-A 5:20 – 6:20			
Junior 3 Normal	J3 5:20 – 6:40			
Junior 2 Normal	J2 4:40 – 5:40			
Junior 1 Normal	J1-A 4:40 – 5:20			
Developmental Normal	DP4 5:40 – 6:20			
Developmental Normal	DP3 4:40 – 5:20			
Developmental Normal	DP2 5:10 – 5:40			
Developmental Normal	DP1 4:40 – 5:10			
Age Group Polo Tues & Thurs Saturdays	AGP 6:40 – 8:20 9:00 – 11:00			
Coach Devon swimcoachdevon@yahoo.com				
STOP Website swimplacentia.org				